|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 分值 | 必考项目 | | | | 抽考项目 | | | | | | | | 自选项目 | | | | | | |
| 长跑 | | 100米游泳 | | 立定跳远 | | 1分钟跳绳 | | 引体向上/仰卧起坐 | | 实心球 | | | 篮球运球投篮 | | 排球对墙垫球 | | 足球绕杆 | | |
| 男生  1000m | 女生  800m | 男生 | 女生 | 男生(米) | 女生(米) | 男生(次) | 女生(次) | 男生(个) | 女生(个) | 男生(米) | 女生(米) | | 男生(秒) | 女生(秒) | 男生(次) | 女生(次) | 男生(秒) | 女生(秒) | |
| 10 | 3'40" | 3'25" | 3'00" | 3'10" | 2.4 | 1.9 | 175 | 175 | 10 | 46 | 9.8 | 6.7 | | 20 | 28 | 40 | 40 | 12 | 14 | |
| 9 | 3'50" | 3'35" | 3'10" | 3'20" | 2.3 | 1.83 | 165 | 165 | 9 | 42 | 9.2 | 6.3 | | 24 | 32 | 36 | 36 | 12.5 | 14.5 | |
| 8 | 4'00" | 3'45" | 3'20" | 3'30" | 2.2 | 1.75 | 155 | 155 | 8 | 38 | 8.6 | 5.9 | | 28 | 36 | 32 | 32 | 13 | 15 | |
| 7 | 4'10" | 3'55" | 3'30" | 3'40" | 2.1 | 1.65 | 145 | 145 | 7 | 34 | 8 | 5.5 | | 32 | 40 | 28 | 28 | 13.5 | 15.5 | |
| 6 | 4'20" | 4'05" | 3'40" | 3'50" | 2.0 | 1.55 | 135 | 135 | 6 | 30 | 7.4 | 5.1 | | 36 | 44 | 24 | 24 | 14 | 16 | |
| 5 | 4'30" | 4'15" | 3'50" | 4'00" | 1.9 | 1.45 | 125 | 125 | 5 | 26 | 6.8 | 4.7 | | 40 | 52 | 20 | 20 | 15 | 17 | |
| 4 | 4'40" | 4'25" | 4'00" | 4'10" | 1.8 | 1.35 | 115 | 115 | 4 | 22 | 6.2 | 4.3 | | 44 | 56 | 16 | 16 | 16 | 18 | |
| 3 | 4'50" | 4'35" | 4'10" | 4'20" | 1.7 | 1.25 | 105 | 105 | 3 | 18 | 5.6 | 3.9 | | 48 | 60 | 12 | 12 | 17 | 19 | |
| 2 | 5'00" | 4'45" | 4'20" | 4'30" | 1.6 | 1.15 | 95 | 95 | 2 | 14 | 5 | 3.5 | | 52 | 64 | 10 | 10 | 18 | 20 | |
| 1 | 5'30" | 5'15" | 4'30" | 4'40" | 1.5 | 1.05 | 85 | 85 | 1 | 10 | 4.4 | 3.1 | | 56 | 68 | 8 | 8 | 19 | 21 | |

附件2

丽水市初中毕业生体育考试项目评分标准